

# Vital Link



...For Hoosiers Living with a Bleeding Disorder

December 2023

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Hemophilia of Indiana, Inc.

Designed by: Kristy McConnell

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## A Look Back at 2023!

It is hard to believe that another year has flown by! 2023 was another successful year for Hemophilia of Indiana and the bleeding disorders community. The year started with one of our biggest fundraisers, the Hearts for Hemophilia Gala. The Gala was held in January at the Grand Hall at Union Station. Over 200 attendees enjoyed a fun evening while supporting Hemophilia of Indiana's programs and services. In March we headed to Washington DC to advocate on behalf of the bleeding disorders community across the country. In April, we had 13 teams participate in Bowling for Bleeding Disorders held at Pinheads in Fishers. Proceeds from the event directly support the Judy Moore Memorial Scholarship Program. The Unite for Bleeding Disorders Walk was moved to May in 2023 and was another successful event and surpassed our goal of \$40,000! The Course to a Cure Golf Outing was held in June and while enjoying almost perfect weather, over 100 golfers participated and supported Hemophilia of Indiana. Camp Brave Eagle was held the next week in June and while the weather was a little chillier than past years, it was another successful year of camp. The Doug Thompson Teen Leadership camp was held in July and the campers traveled to Potato Creek State Park. This year's campers enjoyed kayaking, fishing, cycling, and a ton of other activities. This year the camper also participated in a campus tour at the University of Notre Dame! The 2023 Annual Meeting was held in August at the Crowne Plaza Hotel. Over 200 attendees enjoyed a weekend of education and support from fellow members of the bleeding disorders community. Following the Annual Meeting, 25 members of Indiana's bleeding disorders community attended the National Bleeding Disorders Foundation's Bleeding Disorders Conference in National Harbor, Maryland. Formerly the National Hemophilia Foundation, the name change was announced at the opening ceremonies. The 15th FitLivin THXRUN was held on Thanksgiving morning with over 400 participants! The final event of the year was the Year End Education Event held at the beginning of December. Over 100 community members attended the event enjoying a delicious lunch, education, and a special visitor from the North Pole. Hemophilia of Indiana would like to thank everyone that participated, donated, and supported us throughout the year! We are already hard at work on 2024's events and are looking forward to another successful year! Make sure to check out our calendar of events for dates as well as our website and social media channels!





# Confidence for the future.

## **Blood disorders often impact attendance and performance at school and work.**

The career and school counselors at the Indiana Hemophilia and Thrombosis Center (IHTC) help patients and families prepare for the future and communicate with teachers, colleagues, and employers.

IHTC career and school counselors are here as patient advocates. They work to advocate on behalf of the patients and families while also giving them the tools to advocate for themselves.

More resources are available for people with blood disorders than ever before. They are here for patients and families to create a positive future for generations to come.

**Learn about the resources IHTC career and school counselors have to offer.**



## **IHTC career and school counselors can offer guidance in these three areas:**

### Academics

- Individualized Education Program (IEP) and 504 support (accommodations/services a school can offer to help remove barriers for students)
- Financial support applications

### Careers

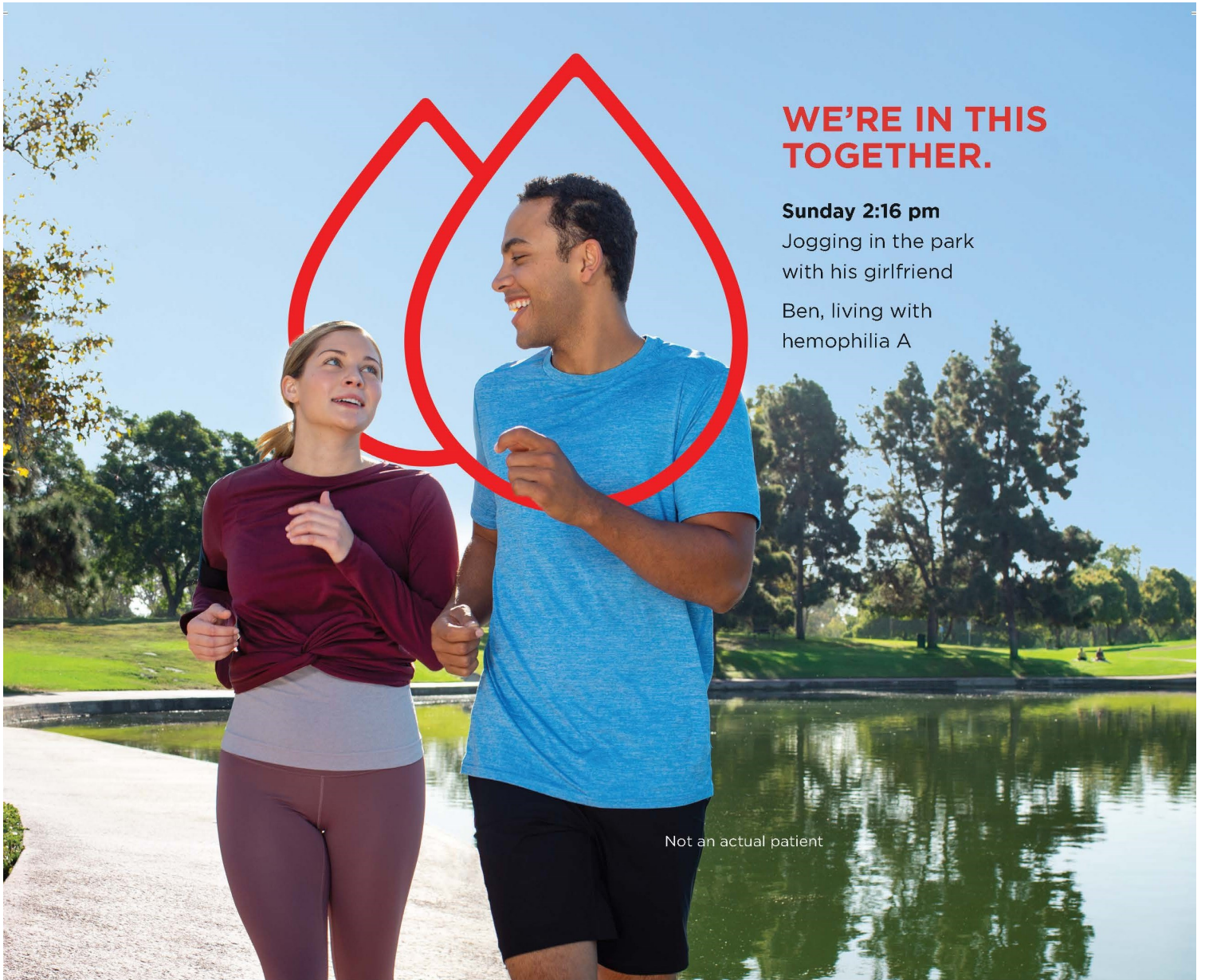
- Career interest assessment
- Resume assistance
- Interview skills

### Advocacy

- Self-advocacy skills
- Clear communication with an employer
- Accommodations in the workplace



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## WE'RE IN THIS TOGETHER.

**Sunday 2:16 pm**

Jogging in the park  
with his girlfriend

Ben, living with  
hemophilia A

Not an actual patient

### Let's make today brilliant.

Takeda is here to support you throughout your journey and help you embrace life's possibilities. Our focus on factor treatments and educational programs, and our dedication to the bleeding disorders community, remain unchanged. And our commitment to patients, inspired by our vision for a bleed-free world, is stronger than ever.

**[bleedingdisorders.com](https://bleedingdisorders.com)**





## 15th Anniversary FitLivin THXRUN

This year marked the 15th Anniversary of the FitLivin THXRUN! The THXRUN is held on Thanksgiving morning at Dr. James A Dillon Park in Noblesville, IN. The THXRUN was founded by bleeding disorder community members Matt and Kasey Shade. What started with 50 people in their back yard has grown to over 400 participants! The event includes a 1.5 mile and 4 mile course and a Free Kids Run. Proceeds from this year's THXRUN directly benefited the Judy Moore Memorial Scholarship Program. A special thanks to the event's title sponsor, the Indiana Hemophilia & Thrombosis Center and mile marker sponsor Taft Law. Thank you to everyone that participated and donated to this year's event!





# **HFA SYMPOSIUM**

*Indianapolis*

**CELEBRATING 30 YEARS**

The Hemophilia Federation of America (HFA) is excited to announce registration is now open for our 2024 Symposium, April 11-13, 2024, in Indianapolis!

It's one of the largest, family-friendly events for members of the bleeding disorders community where you'll find:

- Sessions on advocacy, pain management, addiction, parenting, and women and girls, and more.
- Education for rares, milds, severes, and moderates in both English and Spanish.
- Rap sessions for blood sisters, blood brothers, families, Sangre Latina, milds and spouses and partners.
- And an excited Final Night Event!

Hemophilia of Indiana and HFA are will be working together to provide hotel accommodations and the one (1) registration per family! Application and detailed information will be posted on Hemophilia of Indiana's website!!



**Hey all you cool cats and dolls, it's time to break out your finest flapper dresses and pinstripes and join us on Friday, February 9, 2024 for the annual Hearts for Hemophilia "Great Gatsby" Gala!**

**You won't have to worry about the coppers taking away the giggly water while you support the bleeding disorders community through the silent and live auction at the year's coolest speakeasy!**

**Where: Grand Hall @ Union Station Crowne Plaza Hotel – Downtown Indianapolis**

**When: Friday, February 9, 2024, 6:30pm to Midnight**

**For more information or to purchase tickets go [www.hoii.org/events/gala](http://www.hoii.org/events/gala)**



## 2023 Year End Education Event

The 2023 Year End Education Event was held December 2nd at the Wellington Fishers Banquet & Conference Center. Over 100 members of the bleeding disorders community attended the event and enjoyed a delicious meal, education, arts & crafts, and a got to visit with a special visitor all the way from the North Pole. Thank you to all that participated and especially our sponsors that helped make the event a success!



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# **Thank you to our 2023 Year End Education Event Sponsors!**



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& Thrombosis  
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# HEMOPHILIA OF INDIANA

## 2024

### CALENDAR OF EVENTS

**Hearts for Hemophilia Gala: *Union Station*: February 9**

**HFA Symposium: Indianapolis, IN: April 11-14**

**World Hemophilia Day: April 17**

**Bowling for Bleeding Disorders, *Pinheads*: April 21**

**Course to a Cure Golf Outing, *Maple Creek Golf & Country Club*: May 17**

**Camp Brave Eagle, *Camp Crosley*: June 16-21**

**Annual Meeting, *Crowne Plaza Hotel - Indianapolis Airport*: Aug. 10-11**

**UNITE for Bleeding Disorders Walk *Ft. Harrison State Park*: Sept. 7**

**NBDF Bleeding Disorder Conference, *Atlanta, GA*: Sept. 12-14**

**NEW Women's Retreat, *Renaissance Hotel-Indianapolis*: Oct. 19-20**

**Thanksgiving Day Run, *Dillon Park*: November 28**

**Year End Educational Program *The Wellington Fishers*: December 7**

#### *Our mission:*

*Hemophilia of Indiana is dedicated to empowering the bleeding disorders community through education and support, while advocating access to quality care and product safety.*

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Indiana  
Hemophilia  
& Thrombosis  
Center

# Bleeding disorder care for a brighter future

For people with bleeding disorders, a healthier tomorrow starts with the best care today. IHTC is here to support all the members of our bleeding disorders community.

The IHTC is home to Indiana's experts in rare bleeding & blood disorders, including:  
Hemophilia | HHT | HVLM | Thrombosis & Clotting | Sickle Cell Disease | von Willebrand Disease

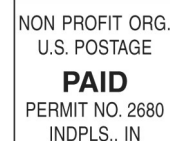
The Indiana Hemophilia & Thrombosis Center (IHTC) provides advanced care for both adult and pediatric patients with rare bleeding and blood disorders. As Indiana's only federally recognized hemophilia treatment center, IHTC is one of the nation's largest HTC's, delivering innovative, multi-disciplinary care in Indianapolis and at outreach clinics across the state. Visit [ihtc.org](http://ihtc.org)

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\*The material provided in Vital Link is only for general information purposes. HoII does not give medical advice or engage in the practice of medicine. HoII recommends in all cases that you consult your physician or HTC before pursuing any course of treatment.

## Mark your Calendars!

- 2024 Hearts for Hemophilia Gala - February 9
- HFA 2024 Symposium - April 11 - 13
- 2024 Bowling for Bleeding Disorders - April 21

Call our office @ (317) 570-0039 or email Kristy McConnell @ kmccconnell@hoii.org if you would like to get involved in any of our events!

- Check out our social media pages for updates!!!

